

**Neuronal mechanisms of adenosine A<sub>2A</sub> receptors in the loss of consciousness induced by propofol general anesthesia with functional magnetic resonance imaging (fMRI)**

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1 **Abstract**

2 Propofol is the most common intravenous anesthetic agent for induction of anesthesia and  
3 maintenance and has been clinically used for more than 30 years. However, the mechanism by which  
4 propofol induces loss of consciousness (LOC) remains largely unknown. The adenosine A<sub>2A</sub>  
5 receptor (A<sub>2A</sub>R) has been extensively shown to have an effect on physiological sleep. It is, therefore,  
6 important to investigate the role of A<sub>2A</sub>R in the induction of LOC using propofol. In the present  
7 study, the administration of the highly selective A<sub>2A</sub>R agonist (CGS21680) and antagonist  
8 (SCH58261) were utilized to investigate the function of A<sub>2A</sub>R under general anesthesia induced by  
9 propofol with the help of animal behavior studies, resting state magnetic resonance imaging (rsfMRI)  
10 and *c*-Fos immunofluorescence staining approaches. Results show that CGS21680 significantly  
11 prolonged the duration of LOC induced by propofol, increased the *c*-Fos expression in nucleus  
12 accumbens (NAc), and suppressed the functional connectivity (FC) of NAc-dorsal raphe nucleus  
13 (DR) and NAc-cingulate cortex (CG). However, SCH58261 significantly shortened the duration of  
14 LOC induced by propofol, decreased the *c*-Fos expression in NAc, increased the *c*-Fos expression  
15 in DR, and elevated the FC of NAc-DR and NAc-CG. Collectively, our findings demonstrate the  
16 important roles played by A<sub>2A</sub>R in the LOC induced by propofol and suggest that the neural circuit  
17 between NAc-DR maybe controlled by A<sub>2A</sub>R in the mechanism of anesthesia induced by propofol.

18  
19 **Keywords:** Loss of consciousness (LOC); Propofol; Adenosine A<sub>2A</sub> receptor (A<sub>2A</sub>R); Resting-state  
20 functional magnetic resonance imaging (rsfMRI); *c*-Fos

21

22 **Abbreviations:** ATP, adenosine triphosphate; A<sub>2A</sub>R, adenosine A<sub>2A</sub> receptor; BF, basal forebrain;  
23 BOLD, blood-oxygenation-level dependent; CBF, cerebral blood flow; CG, cingulate cortex; DR,  
24 dorsal raphe nucleus; FC, functional connectivity; fMRI, functional magnetic resonance imaging;  
25 GPCR, G protein-coupled receptors; GP, globus pallidus; IEG, immediate early gene; LOC, loss of  
26 consciousness; LORR, loss of righting reflex; NAc, nucleus accumbens; NREM, non-rapid eye  
27 movements; OB, olfactory bulb; PAG, periaqueductal gray; RRID, Research Resource Identifier  
28 (see scicrunch.org); ROI, regions of interest; RORR, recovery of righting reflex; RSD, retrosplenial  
29 dysgranular cortex; rsfMRI, resting-state functional magnetic resonance imaging; SE-EPI, spin-  
30 echo planar imaging sequence; STR, striatum; VTA, ventral tegmental area.  
31

## 32 **1 Introduction**

33 General anesthesia, which has been used in clinical practice for about 170 years (Brandt & Artmeier-  
34 Brandt 2016), is a drug-induced reversible state, which includes unconsciousness, amnesia,  
35 analgesia, and immobility (Brown *et al.* 2010; Li *et al.* 2018c). Recovery from general anesthesia is  
36 still considered a passive process, depending on the elimination of anesthetic drug pharmacokinetics  
37 (Chemali *et al.* 2012). Many serious complications, including delayed recovery, agitation, delirium,  
38 and respiratory tract obstruction, may occur during recovery from general anesthesia (Li *et al.*  
39 2018a). Delayed recovery is one of the most common complications (Alkire *et al.* 2007), and how  
40 to shorten the recovery time is a serious problem in clinical anesthesia. On the occasion of the 125<sup>th</sup>  
41 anniversary of the publication of *Science*, the question of how general anesthetics induce loss of  
42 consciousness (LOC) was posed (Kennedy & Norman 2005), but the mechanism of general  
43 anesthesia is not yet well understood (Bademosi *et al.* 2018), which is the reason for restricting the  
44 acceleration of recovery from general anesthesia. For more than 30 years, propofol, an intravenous  
45 anesthetic, has been commonly used for induction and maintenance of general anesthesia (Parks *et*  
46 *al.* 2016), but the mechanism of action is also still unknown and requires further investigation. Thus,  
47 propofol was selected as the starting point of general anesthesia research, which has great  
48 significance and importance to clinical practice.

49 In the past century, several sleep-related substances have been identified, including cytokines  
50 (Krueger *et al.* 1984), adenosine (Porkka-Heiskanen *et al.* 1997), urotensin II peptide (Huitron-  
51 Resendiz *et al.* 2005) and the anandamide prostaglandin D2 (Qu *et al.* 2006). Both neurons and glial  
52 cells can release adenosine, which is a metabolite mainly produced from adenosine triphosphate  
53 (ATP). Adenosine receptors (namely the A<sub>1</sub>, A<sub>2A</sub>, A<sub>2B</sub> and A<sub>3</sub>Rs) belong to the superfamily of G

54 protein-coupled receptors (GPCR) (Sheth *et al.* 2014), of which the A<sub>2A</sub> receptor (A<sub>2A</sub>R) has strong  
55 affinity for adenosine and is mainly distributed in brain regions such as striatum (STR), nucleus  
56 accumbens (NAc), globus pallidus (GP), and olfactory bulb (OB) (Fredholm *et al.* 2011; Fredholm  
57 *et al.* 2007; Ribeiro *et al.* 2002). In addition to increased physiological sleep (Porkka-Heiskanen *et al.*  
58 *et al.* 1997), adenosine, as a neuromodulator, can enhance anesthetic potency (Kaputlu *et al.* 1998).  
59 The A<sub>2A</sub>R has been demonstrated to play a crucial role in the regulation of the physiological sleep  
60 process (Zhang *et al.* 2013; Hong *et al.* 2005), but its role in the LOC induced by general anesthesia  
61 is still unclear. Although general anesthesia-induced LOC is not the same as physiological sleep,  
62 the responsiveness to external stimuli and brain arousal systems are similarly decreased (Nelson *et al.*  
63 *et al.* 2004; Alkire *et al.* 2008). Moreover, general anesthesia-induced LOC and physiological sleep  
64 have many similarities in terms of brain function, including brain electrical activity and brain  
65 metabolic activity (Sleigh *et al.* 1999; Alkire *et al.* 1999), therefore we speculated that A<sub>2A</sub>R may  
66 be able to regulate the LOC induced by general anesthetics.

67 As a noninvasive and unbiased analysis technique, functional magnetic resonance imaging (fMRI)  
68 has been widely used to investigate functional brain networks (Biswal *et al.* 1995; Zhong *et al.*  
69 2019). Resting-state fMRI (rsfMRI), as a research hotspot in the field of fMRI, measures functional  
70 connectivity (FC) across brain regions by detecting temporal correlations of blood-oxygenation-  
71 level dependent (BOLD) signals (Liang *et al.* 2012), which indirectly reflects neural activity. With  
72 this technique, resting-state functional connectivity (rsFC) was found in different arousal states,  
73 such as awake, physiological sleep and anesthesia (Nallasamy & Tsao 2011; Paasonen *et al.* 2018).  
74 Additionally, rsfMRI is widely used in many neurodegenerative diseases, including Alzheimer's  
75 disease, dementia, schizophrenia and multiple sclerosis (van den Heuvel & Hulshoff Pol 2010;

76 Zhang *et al.* 2018). In summary, rsFC is strongly suggested to play a vital role in brain function.  
77 Furthermore, *c-Fos*, as an immediate early gene (IEG) with activity-dependent protein expression,  
78 is used as a marker of stimulus-induced neuronal activation (Lin *et al.* 2018; Marques-Carneiro *et*  
79 *al.* 2017), and the mapping of *c-Fos* expression in response to drug administration is one of the most  
80 suitable methods used to examine the response of specific brain regions with respect to the  
81 potential effects of drugs, including antipsychotics (Cohen *et al.* 2003; Sumner *et al.* 2004) and  
82 anesthetics (Yu *et al.* 2019).

83 With the help of the highly selective A<sub>2A</sub>R agonist and antagonist, the current study inspired us  
84 to investigate the role of A<sub>2A</sub>R in the LOC induced by propofol using observations of animal  
85 behaviors, rsfMRI and *c-Fos* staining to guide further research direction about the mechanism of  
86 general anesthesia. Thus, the current study could provide insights into the mechanisms of propofol  
87 and even other general anesthetics.

88

## 89 **2 Materials and methods**

### 90 **2.1 Animals and housing conditions**

91 The experimental protocol was approved by the Animal Ethics Committee of Zhongnan Hospital of  
92 Wuhan University (Ethics approval number: 02518103C), and all experiments were performed in  
93 accordance with the National Institutes of Health Guidelines for the Care and Use of Laboratory  
94 Animals. Adult female Sprague Dawley rats (Beijing Vital River Laboratory Animal Technology  
95 Co., Ltd., Beijing, China) (3 months old, weighing 240-300g) (RRID: RGD\_10395233) were used  
96 in the current study. The animals were group-housed three per cage on a 12h light/dark cycle in a  
97 temperature-controlled (25±2°C) room with free access to water and food, and the animals were

98 allowed to acclimatize to the environment for a week before the experiment commenced according  
99 to the standards established by the experimental animal laboratory at Zhongnan Hospital of Wuhan  
100 University. Every effort was made to minimize the number of animals used as well as pain and  
101 discomfort (*e.g.* Transcardial perfusion and tail vein catheterization were performed under  
102 isoflurane anesthesia to relieve the rat's pain).

## 103 **2.2 Preparation and Delivery of Drugs**

104 A total of forty female rats were divided into five different groups (n=8 per group): CGS (2.5mg/kg)  
105 group, SCH-3 (3mg/kg) group, SCH-6 (6mg/kg) group and SCH-8 (8mg/kg) group and vehicle  
106 group, and the selected doses of drugs were based on previous studies (El Yacoubi *et al.* 2000).  
107 There was no significant difference in body weight between the groups ( $p > 0.05$ , Fig. S1), and the  
108 protocol for this experiment is depicted in Fig. 1.

109 *Drugs treatment protocol:* According to the previous report, A<sub>2A</sub>R highly selective agonist  
110 CGS21680 (CGS) (Selleckchem, Houston, TX, USA, cat.no. S2153) (2-p-(2-Carboxyethyl)  
111 phenethylamino-5'-N-ethylcarboxamidoadenosine hydrochloride hydrate) and A<sub>2A</sub>R highly  
112 selective antagonist SCH58261 (SCH) (7-(2-phenylethyl)-5-amino-2-(2-furyl)-pyrazolo-[4,3-e]-  
113 1,2,4-triazolo[1,5-c]pyrimidine) (Selleckchem, Houston, TX, USA, cat.no. S8104) were dissolved  
114 in dimethyl sulfoxide (DMSO) (MilliporeSigma, Burlington, MA, USA, cat.no. D2650) and then  
115 diluted in Cremophor EL (MilliporeSigma, Burlington, MA, USA, cat.no. 238470) and 0.9% NaCl  
116 (Final concentration: 15% DMSO and 15% Cremophor EL). Normal saline containing the same  
117 concentration of DMSO and Cremophor EL was served as the vehicle group. Drug solutions were  
118 prepared daily and administered via an intraperitoneal injection (*i.p.*) with a volume of 10 ml/kg.

119        *Administration of anesthetics:* The animal was initially anesthetized with isoflurane (RWD life  
120 science Co., Ltd., Shenzhen, China) (2%-4%) in oxygen, and tail vein catheterization was achieved  
121 with a single 24-gauge needle (Kangning medical equipment co., Ltd., Sichuan, China) connected  
122 to PE50 tubing and syringe, and the needle part was finally fixed onto the tail using tape. After  
123 catheterization, rats were allowed to fully recover from isoflurane in room air for at least 10 min  
124 based on previous research (Chemali *et al.* 2012). At the end, a bolus dose of propofol (15mg/kg)  
125 was delivered within 20 s through tail vein catheterization.

### 126    **2.3 Animal behavior study - Time to recovery of the righting reflex after propofol bolus**

127        A time-line diagram of the research design is illustrated in Fig. 1(A). Following previous protocol  
128 (Font *et al.* 2008), a bolus dose of CGS, SCH or vehicle was injected (*i.p.*) into the animals before  
129 propofol administration. After 15 min, propofol (Parks *et al.* 2016) (15mg/kg, Diprivan;  
130 AstraZeneca, UK) was administered via the lateral tail vein, and loss of righting reflex (LORR) was  
131 measured by rolling the rat onto its back and observing whether the animal was able to right itself.  
132 All rats were gently placed in the supine position on a heating pad (to maintain body temperature  
133 ~37° C) after losing righting reflex (measured from the start of the 20s injection). The time to  
134 achieve recovery of righting reflex (RORR) was recorded and defined as the period from the loss  
135 of the righting reflex until restoration of the righting reflex (*i.e.*, all four paws touching the floor).

### 136    **2.4 Magnetic resonance imaging (MRI)**

137        A time-line diagram of the research design is shown in Fig. 1(B). Based on the results of the  
138 behavioral study, the optimal dose of SCH was obtained. Then, a new group of rats was divided into  
139 three experimental groups (Total twenty-four female rats, n=8 per group) for the MRI study: vehicle  
140 group, CGS group and SCH-6 group.

141 The procedures of pre-experimental preparation for the fMRI study were similar to our previous  
142 studies (Li *et al.* 2014). The rat was initially anesthetized with isoflurane (4%-5%), and tail vein  
143 catheterization was performed as described above. Then, the anesthetized rat was placed in a 7.0  
144 Tesla Biospec small animal magnetic resonance imaging system (Bruker, Ettlingen, Germany)  
145 under isoflurane anesthesia (1%-1.5%), and the body temperature was maintained with a heating  
146 pad. The rat's position was adjusted to the best position and securely fixed with the stereotaxic ear  
147 bar and bite bar. Physiological states of the animal were recorded with a series of equipment, such  
148 as a small animal monitoring system (Model 1025, Small Animal Instruments Inc., New York, NY,  
149 USA) and Dräger Infinity Delta monitor, including a rectal temperature probe, respiration  
150 pneumatic sensor, arterial pressure sensor and cardiogram electrodes. Arterial blood samples were  
151 collected from the femoral artery and analyzed (i-STAT Model 300, Abbott Point of Care Inc.,  
152 Princeton, NJ, USA) for blood gas measurements, such as pH, pCO<sub>2</sub>, pO<sub>2</sub> and blood glucose values.  
153 The drugs (CGS, SCH and vehicle) were administered i.p. After 15 min, propofol was intravenously  
154 injected through the tail vein and the isoflurane stopped. The magnetic resonance imaging data was  
155 collected.

156 All MRI experiments were performed on a 7.0T Bruker Biospec70/20 USR small animal MR  
157 system (Bruker, Germany) with a 10mm surface coil. Resting-state fMRI scans were acquired using  
158 single-shot spin-echo planar imaging sequence (SE-EPI). Each scan consisted of 300 volumes  
159 obtained by the following parameters: TR = 1000 ms, TE =14 ms, flip angle = 45°, FOV = 20  
160 mm×20 mm, spatial resolution = 0.31 mm×0.31 mm, slice thickness = 1 mm, and 20 slices in total.  
161 An additional T2-weighted anatomical scan was acquired with the same geometry as the fMRI scan

162 using the following parameters: TR = 5000 ms, effective TE = 12 ms, RARE factor = 8, matrix =  
163 256×256, spatial resolution = 0.08 mm×0.08 mm.

## 164 **2.5 Immunohistochemistry of *c-Fos***

165 Two hours after treatment with drugs and propofol, the rat was deeply anesthetized with an overdose  
166 of isoflurane and transcardially perfused with phosphate-buffered saline (PBS), followed by 4%  
167 paraformaldehyde. The rat brain was removed from the skull, and post-fixed with 4%  
168 paraformaldehyde at 4°C. The fixed brain was sectioned into coronal slices with 40µm thickness  
169 using a cryostat microtome (Thermo Fisher, NX50, Waltham, MA).

170 Free-floating brain slices were initially washed with PBS (three times, 8 min each). The slices  
171 were rinsed and transferred to the blocking buffer (10% normal goat serum, 0.3% Triton X-100 in  
172 PBS) for 1 h at 37°C. After the blocking procedure, the slices were incubated (72 h, 4°C) with anti-  
173 *c-Fos* rabbit polyclonal antibodies (1:1000; Cell Signaling, cat.no. 2250, RRID: AB\_2247211).  
174 Antibodies were diluted with 3% normal goat serum, 0.1% Triton X-100 in PBS. After washing in  
175 PBS (3 times, 10 min each), the slices were further incubated with a FITC-labeled goat anti-rabbit  
176 IgG (1:200, 2h; Abcam, UK, cat.no. ab6717, RRID: AB\_955238) for 2h at 37°C, stained with DAPI  
177 for 10 min at room temperature, washed with PBS (3 times, 10 min each), and mounted in 70%  
178 glycerol. Finally, the immunostained brain slice was imaged using a virtual microscopy slide-  
179 scanning system (Olympus, VS 120, Tokyo, Japan). Images of brain slices containing the region of  
180 interest (ROI) were cropped out and counted using ImageJ (National Institutes of Health, Bethesda,  
181 MD).

182

183

## 184 **2.6 Data processing**

185 All fMRI data was processed with Statistical Parametric Mapping 12 (SPM 12,  
186 <http://www.fil.ion.ucl.ac.uk/spm/>) in MATLAB (R2018b, Mathworks Inc. 2018) software for time  
187 segmentation and rearrangement, head movement correction, spatial standardization, smoothing,  
188 *etc.* After processing, the extracranial tissue was removed and the brain tissue retained. For analysis  
189 of the resting state fMRI, the preprocessed fMRI data was detrended, covariant regressed and  
190 filtered (0.01-0.1Hz) using DPABI. A series of brain regions of interest (ROI) were automatically  
191 defined with the rat brain anatomic atlas (Nie *et al.* 2013), which are listed in the legends of Fig. 2.  
192 The rsFCs were computed using Pearson correlation, and Fisher z-transformation was performed  
193 before statistical analysis. For analysis of ROI-voxel correlation, the ROIs were automatically  
194 defined with the atlas (Nie *et al.* 2013). The DPABI software in MATLAB was used to calculate  
195 the functional connection diagrams, and the differences were analyzed with single-sample *t*-test  
196 within groups (FDR,  $p < 0.05$ ) and two-sample *t*-test between groups ( $p < 0.05$ ).

## 197 **2.7 Statistical Analysis**

198 For the whole experiment, the experimenter was unaware of the group allocation of each animal  
199 during the experimental procedures and statistical analysis. The statistical analyses were performed  
200 with SPSS 24.0 (IBM, New York, USA), GraphPad Prism 6.0 (GraphPad, New York, USA) and  
201 MATLAB (R2018b, Mathworks Inc. 2018). Shapiro-Wilk test was used to analyze the normality of  
202 data, and we found that the data was normally distributed. All data was expressed as the means  $\pm$   
203 standard error of the mean (SEM). Student's *t*-test was used to compare the differences between the  
204 two groups and one-way analysis of variance (ANOVA) was used for more than two groups,  
205 followed by a Student-Newman-Keuls multiple range test for post hoc comparisons. A *p* value less

206 than 0.05 was considered statistically significant. In this study, no randomization methods were used  
207 to allocate samples. No pre-registration, sample calculation, exclusion criteria, or testing for outliers  
208 was performed in this study. The study was exploratory and no primary and secondary endpoints  
209 were pre-specified.

210

## 211 **3 Results**

### 212 **3.1 Effects of CGS and SCH for propofol anesthesia**

213 The effects of CGS and different doses of SCH on LORR and RORR of animals after propofol  
214 anesthesia are illustrated in Fig. 2. Results show that the time taken to achieve RORR of rats which  
215 only received the vehicle was  $905 \pm 85$ s. Compared to the vehicle group, CGS significantly  
216 prolonged the period to  $1435 \pm 85$ s ( $p < 0.001$ , Fig. 2A), however, SCH-6 and SCH-8 significantly  
217 shortened the time to  $538 \pm 33$ s and  $569 \pm 30$ s, respectively ( $p < 0.001$ , Fig. 2A), SCH-3 reduced  
218 the time ( $759 \pm 50$ s) but there was no significant difference ( $p = 0.101$ , Fig. 2A). However, there was  
219 no difference in the time of LORR between these groups ( $p > 0.05$ , Fig. 2B). As a highly selective  
220 agonist (CGS) and antagonist (SCH) for  $A_{2A}R$ , results of the behavioral study indicate that  $A_{2A}R$   
221 could play a key role in LOC induced by propofol, and its mechanism deserves further study.

### 222 **3.2 Resting state fMRI analysis for the whole brain functional connectivity**

223 The physiology of anesthetized rats was carefully monitored and controlled. All measured  
224 physiological parameters are shown to be in the normal range (Table 1). Statistical comparisons  
225 show that there were no significant differences in the physiological parameters among the three  
226 groups.

227 The resting state fMRI method was utilized to analyze FC in the whole brain of the animals under  
228 different chemical treatments. The strength of FC between two different brain regions is illustrated  
229 by the color of every cell in the matrix (Fig. 3A-C). For the CGS group (Fig. 3A), 14 pairs of FC in  
230 brain regions were elevated and 25 pairs suppressed, compared to the vehicle group (Fig. 3B). In  
231 the SCH-6 group (Fig 3C), 12 pairs were elevated and only 1 pair suppressed (correlation between  
232 prelimbic cortex and insular cortex) compared to the vehicle group (Fig. 3B).

233 The correlations of FCs in the brain under different drug treatments were collected and illustrated  
234 (Fig. 3D-F). As shown in Fig. 3D, 247 pairs were above the central line ( $y=x$ ) and 131 pairs below  
235 it ( $R^2=0.8158$ ). The results indicate that CGS suppressed FC between brain regions compared with  
236 the vehicle group. In Fig. 3E, 126 pairs were above the central line ( $y=x$ ) and 252 pairs below it  
237 ( $R^2=0.8854$ ), which means that SCH-6 elevated FC between brain regions compared to the vehicle  
238 group. Compared with CGS (Fig. 3F), SCH-6 significantly elevated FC between brain regions (288  
239 points above the central line and 90 points below it,  $R^2=0.7706$ ). Taken together, these results  
240 suggest that there is an association between  $A_{2A}R$  and FC of brain regions. However, it is necessary  
241 to further analyze these results in order to determine the most meaningful brain regions in the next  
242 stage of the research.

### 243 **3.3 Functional connectivity of specific brain regions**

244 The basal forebrain (BF) plays key roles in controlling sleep and wakefulness, and includes the NAc  
245 one of the larger nucleus (Xu *et al.* 2015). Meanwhile, the  $A_{2A}R$  is mainly distributed in STR and  
246 NAc, which were selected as the seed regions of interest (ROIs) and rsFC was analyzed between  
247 these brain regions. Thus, to evaluate changes in cerebral activity after treatment with CGS and  
248 SCH on the propofol anesthetized animals, the representative seed-based connectivity maps (STR

249 and NAc) were obtained from the vehicle group, and differences between the vehicle and CGS  
250 groups, vehicle and SCH-6 groups are presented in Fig. 4.

251 Consistent with results of the whole brain rsfMRI, the values of FCs in the CGS group were  
252 suppressed, including the NAc-cingulate cortex (CG), NAc-dorsal raphe nucleus (DR), NAc-  
253 periaqueductal gray (PAG) and STR-retrosplenial dysgranular cortex (RSD), except the STR-  
254 hypothalamus. For the SCH-6 group, FC values of NAc-CG, NAc-DR, NAc-PAG, STR-cortex,  
255 STR-thalamus and STR-hypothalamus were elevated compared to the vehicle group. Taken together,  
256 these different connections suggest that A<sub>2A</sub>R affects propofol induced LOC by altering FCs  
257 between brain regions, such as NAc-CG, NAc-DR and NAc-PAG. Furthermore, Liang and his  
258 colleagues found that the negative rsFC might serve as an important biomarker to help evaluate the  
259 functionality of neural circuits by studying the rsFC between the infralimbic cortex and amygdala  
260 (Liang *et al.* 2012). Thus, these three common statistically different neural circuits have important  
261 research significance for the next stage.

### 262 **3.4 C-Fos expression**

263 C-Fos is always used as a marker of neuronal activation (Lin *et al.* 2018). Results show that CGS  
264 increased the expression of *c-Fos* in NAc, while SCH-6 reduced the expression of *c-Fos* compared  
265 to that of pretreatment with vehicle ( $p < 0.05$ , Fig. 5A-J). For another region DR, SCH-6 increased  
266 the expression of *c-Fos* ( $p < 0.05$ , Fig. 6A-J), while CGS had no effect on the expression of *c-Fos*  
267 compared to that of pretreatment with vehicle ( $p > 0.05$ , Fig. 6A-J). Furthermore, CGS and SCH-6  
268 had no effect on the *c-Fos* expression in neither CG ( $p > 0.05$ , Supplemental information Fig. 2A-  
269 J) nor STR ( $p > 0.05$ , Supplemental information Fig. 3A-J). Taken together, these results suggest  
270 that neuronal activities in NAc and DR could play important roles in propofol induced LOC.

271

#### 272 **4 Discussion**

273 The aim of this study was to investigate the important roles played by A<sub>2A</sub>R in propofol induced  
274 LOC in rats using animal behaviors, rsfMRI and *c*-Fos immunofluorescence staining to screen the  
275 relevant brain regions under propofol general anesthesia. Thereby, it could provide an avenue for  
276 future research on the mechanism of anesthesia induced by propofol.

277 Results show that A<sub>2A</sub>R agonist CGS significantly prolonged the duration of LOC induced by  
278 propofol, while A<sub>2A</sub>R antagonist SCH shortened it. Moreover, CGS increased *c*-Fos expression in  
279 NAc, while SCH decreased *c*-Fos expression in NAc and increased *c*-Fos expression in DR.  
280 Furthermore, we also found that CGS suppressed FC between brain regions, while SCH elevated  
281 FC in the brain. Compared with the vehicle group, FC of NAc-CG and NAc-DR were common  
282 brain regions with statistical differences in FC of the brain regions of the animals among CGS and  
283 SCH-3 groups. Taken together, these results indicate the important role of A<sub>2A</sub>R in propofol induced  
284 LOC and furthermore, the NAc-CG and NAc-DR neural circuit may be worth of future study to  
285 examine the mechanism of propofol induced anesthesia. To the best of our knowledge, this is the  
286 first report to explore the influence of A<sub>2A</sub>R on LOC induced by propofol using rsfMRI to identify  
287 the relevant brain regions.

288 As a neural sleep factor, adenosine has been widely studied for its contribution to sleep-  
289 wakefulness states (Porkka-Heiskanen *et al.* 1997; Porkka-Heiskanen *et al.* 2000; Halassa *et al.*  
290 2009; Lazarus *et al.* 2019). During spontaneous sleep-wake cycles, it has been reported that  
291 adenosine levels collected from cats using *in vivo* microdialysis were higher during non-rapid eye  
292 movement (non-REM, NREM) sleep compared to wakefulness in several brain regions, such as the

293 BF, thalamus and DR (Porkka-Heiskanen *et al.* 1997; Porkka-Heiskanen *et al.* 2000). Extracellular  
294 studies showed that adenosine reacts with one of four adenosine receptors, including A<sub>1</sub>, A<sub>2A</sub>, A<sub>2B</sub>,  
295 and A<sub>3</sub>Rs (Fredholm *et al.* 2011; Fredholm *et al.* 2001). In contrast to A<sub>2B</sub>R and A<sub>3</sub>R, the expression  
296 of A<sub>1</sub>R and A<sub>2A</sub>R appears to be higher, thus these two receptor types could be primarily involved in  
297 the sleep-wakefulness regulation (Fredholm *et al.* 2005). Physical sleep and anesthesia are almost  
298 similar on many fronts, including the responsiveness to external stimuli (Nelson *et al.* 2004), brain  
299 electrical activity (Sleigh *et al.* 1999) and metabolic activity (Alkire *et al.* 1999). Additionally,  
300 adenosine has been reported to have the ability to shorten the onset time and extend the duration of  
301 propofol (Kaputlu *et al.* 1998), similarly the A<sub>1</sub> receptor agonist (N<sup>6</sup>-p-sulfophenyladenosine) has  
302 been shown to increase the time needed to recover from halothane anesthesia (Tanase *et al.* 2003).  
303 However, the role of A<sub>2A</sub>R in affecting general anesthesia and its mechanism remain unclear. As  
304 one of the most commonly used intravenous anesthetic in clinical practice, propofol was the target  
305 for research in the present study. Results showed that the A<sub>2A</sub>R agonist prolonged the duration of  
306 propofol induced LOC, while the A<sub>2A</sub>R antagonist shortened it. These observations are in agreement  
307 with the abovementioned studies, which indicated the involvement of A<sub>2A</sub>R in the regulation of  
308 propofol. However, the mechanism by which the A<sub>2A</sub>R agonist prolonged the LOC induced by  
309 propofol remains to be further investigated.

310 As a research hotspot in the field of fMRI and a noninvasive technique, rsfMRI has been widely  
311 used for assessing FC between different brain regions, identifying functional circuits, and exploring  
312 the changes in brain functional networks in both humans and animals under different conditions,  
313 including unconsciousness induced by general anesthetics (Biswal *et al.* 1995; Paasonen *et al.* 2018;  
314 Li *et al.* 2018b; Wang *et al.* 2013). An earlier human study indicated that FC between the cortex

315 and subcortical centers significantly decreased under propofol sedation compared to sleep (Li *et al.*  
316 2018b). In addition, results from male adult squirrel monkeys showed that isoflurane decreased the  
317 inter-voxel connectivity around seed regions and weakened inter-regional FC across all pairs of  
318 ROIs (Wu *et al.* 2016). Results from the above studies suggest that the LOC induced by anesthetics  
319 could be related to the decline of brain functional connectivity. In the present study, we found that  
320 A<sub>2A</sub>R agonist prolonged the LOC induced by propofol, thus the rsfMRI was utilized to investigate  
321 whether there were any changes involved in brain FC. In addition, it is now well established from a  
322 variety of studies, that A<sub>2A</sub>R are expressed with the greatest abundance in regions of STR and NAc,  
323 which were selected as seed ROIs to analyze FC between the brain regions.

324 Results of our study showed that A<sub>2A</sub>R agonist-CGS suppressed the FC of NAc-DR and NAc-  
325 CG, while A<sub>2A</sub>R antagonist-SCH elevated their FC. Therefore, the changes of FC in NAc-DR and  
326 NAc-CG could play important roles in the LOC induced by propofol. It is worth noting that rsfMRI  
327 was used to measure functional connectivity across brain regions by detecting the correlations of  
328 BOLD signals (Liang *et al.* 2012), and both animal and human studies have demonstrated that A<sub>2A</sub>R  
329 antagonist/agonist exposure leads to constriction/expansion of cerebral vessels and  
330 reduced/increased cerebral blood flow (CBF) in mainly the A<sub>2A</sub>R distributed region (Pelligrino *et*  
331 *al.* 2010; Ngai *et al.* 2001). FC is defined as the correlation between two brain regions to the same  
332 time dimension, and A<sub>2A</sub>R antagonist/agonist altered CBF in the brain region where the receptors  
333 are distributed, and FC of this region with the other brain regions should be decreased due to the  
334 altered brain vasculature. However, the changes in FC for agonist/antagonist were opposite in the  
335 current study, thus the other influencing factors of FC - neuronal activities could play major roles  
336 in changing the FC in these brain regions, which were ascertained by the results of *c-Fos*.

337 *C-Fos* is used to reflect the activation of neurons (Lin *et al.* 2018). Previous findings show that  
338 perfusing CGS into the subarachnoid space just anterior to the ventrolateral preoptic area increased  
339 NREM and rapid eye movement (REM) sleep with a significant increase in *c-Fos* expression in NAc  
340 (Sato *et al.* 1999; Scammell *et al.* 2001). In the present study, CGS also significantly increased the  
341 expression of *c-Fos* in NAc, while SCH-6 decreased the expression. These observations are in line  
342 with the above mentioned studies, which indicated that A<sub>2A</sub>R could modulate the activities of  
343 neurons in NAc, thereby affecting the LOC induced by propofol. The region of NAc located in the  
344 ventral striatum, is one of the forebrain nuclei playing a major role in the sleep-wake cycle control  
345 (Lazarus *et al.* 2012), possibly by inhibiting wake-promoting nuclei in the brainstem and the  
346 hypothalamus (Sardi *et al.* 2018). The DR, located in the brainstem and containing almost 50% of  
347 serotonergic (5-HT) neurons in the brain (Zhang *et al.* 2012), is involved in several functions,  
348 including sleep, temperature regulation, stress responses, and anxiety behaviors (Hernandez-  
349 Vazquez *et al.* 2019). A study by Cui and colleagues showed that the application of CaCl<sub>2</sub>  
350 significantly increased *c-Fos* expression of 5-HT neurons in DR by promoting waking in rats (Cui  
351 *et al.* 2016). Results from recent research indicate that isoflurane anesthesia inhibited 5-HT neuronal  
352 activity, as illustrated by the decrease in the number of *c-Fos*-immunoreactive serotonergic neurons  
353 compared to the control group (Yang *et al.* 2019). In our study, compared to the vehicle group, A<sub>2A</sub>R  
354 antagonist shortened the duration of propofol-induced LOC by significantly increasing *c-Fos*  
355 expression in DR. These results are in agreement with the abovementioned studies indicating that  
356 neurons in DR play an important role during sleep wakefulness procedures. A<sub>2A</sub>R agonist prolonged  
357 the duration of unconsciousness induced by propofol, but there was no statistical difference in *c-*  
358 *Fos* expression compared to the vehicle group. These results are interesting and explainable. A

359 possible explanation for this might be the administration of a larger induction dose of propofol  
360 (15mg/kg, IV), which severely suppressed the expression of *c-Fos* in the vehicle group (as shown  
361 in Fig. 5). Although CGS prolonged the time of LOC induced by propofol, the expression of *c-Fos*  
362 cannot be further reduced due to the presence of the “floor effect”.

363 NAc consists of two types of neurons, including GABAergic projection neurons and interneurons,  
364 of which GABAergic projection neurons are divided into enkephalinergic and dynorphinergic  
365 neurons. A<sub>2A</sub>R is mainly expressed in GABAergic enkephalinergic neurons and associated with the  
366 indirect efferent pathway of the basal ganglia system (Schiffmann *et al.* 2007; Ferre *et al.* 2007).  
367 Therefore, the projected target region of NAc neurons does not only represent the region projected  
368 by NAc A<sub>2A</sub>R neurons. As Cre-LoxP technology is widely used to trace specific types of neurons,  
369 projected brain regions of A<sub>2A</sub>R neurons in NAc were tracked, including STR, ventral tegmental  
370 area (VTA) and DR (Zhang *et al.* 2013). It is worth noting that the projection between NAc and DR  
371 is not to a single direction. Muzerelle and colleagues confirmed that 5-HT neurons in the DR could  
372 project to multiple brain regions, such as the hypothalamus, STR, VTA and NAc (Muzerelle *et al.*  
373 2016). Based on the above-mentioned research and the results of the rsfMRI and *c-Fos* staining in  
374 the current study, the connection or interaction between NAc and DR may play a key role in the  
375 LOC induced by propofol and is worthy of further research.

376 Several limitations are worth noting. First, female rats were only utilized as experimental subjects  
377 based on the latest research results (Shansky 2019), but the effect of sex on results is not clear and  
378 is worth studying in the future. Second, we did not use electroencephalogram (EEG) to monitor the  
379 level of consciousness of rats in the experiment due to the limited experimental conditions. Third,  
380 neuronal activities were detected with *c-Fos* expression in different brain regions, and the type of

381 neurons should, therefore, be identified in future. Fourth, although CGS21680 has been introduced  
382 as a selective and potent adenosine A<sub>2</sub> receptor agonist with approximately 140-fold selectivity for  
383 A<sub>2</sub> over A<sub>1</sub> receptors in the rat brain (Hutchison *et al.* 1989), its effect on the A<sub>1</sub> receptor does exist.  
384 Moreover, A<sub>1</sub>R activation causes profound sedation (Dunwiddie & Worth 1982) and increases the  
385 duration of LOC induced by halothane anesthesia (Tanase *et al.* 2003). In this study, the effect of  
386 A<sub>1</sub>R activation induced by CGS21680 could not be completely excluded. Thus, the difference in  
387 activation of A<sub>1</sub>R and A<sub>2A</sub>R induced by CGS 21680 and the duration of propofol-induced LOC  
388 should be further investigated.

389

## 390 **5 Conclusion**

391 The present study was designed to determine the effects of A<sub>2A</sub>R on propofol induced LOC and the  
392 brain regions that may be involved. The results of this investigation show that A<sub>2A</sub>R agonist  
393 inhibited FC between NAc and DR, increased *c-Fos* expression in NAc, and prolonged the duration  
394 of unconsciousness induced by propofol, while the A<sub>2A</sub>R antagonist had the opposite effect. These  
395 findings have significant implications for our understanding of the role played by A<sub>2A</sub>R in propofol  
396 induced LOC. Considerably more work will need to be done in order to determine whether  
397 neurons in NAc and DR or their connectivity are involved in propofol induced LOC or even general  
398 anesthetic.

399

## 400 **Acknowledgments:**

401 This research was supported by the National Natural Science Foundation of China (81870851, and  
402 31771193), a research grant from the Outstanding Talented Young Doctor Program of Hubei

403 Province (2019), Strategic Priority Research Program of the Chinese Academy of Sciences  
404 (XDB32030200), and the Youth Innovation Promotion Association of the Chinese Academy of  
405 Sciences, China (Y6Y0021004).

406

#### 407 **Conflict of interest**

408 The authors declare no competing financial interests.

409

#### 410 **Reference**

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579

## Figure legends

**Fig. 1** A time-line diagram of the research design. (A) Seven days' following habituation, tail vein catheterization was performed under isoflurane anesthesia. 10 minutes later, rats were injected with vehicle, SCH or CGS (*i.p.*). After 15 minutes, rats were given propofol (*i.v.*), followed by recording the duration of LORR and RORR. (B) RsfMRI scanning and physiological monitoring were performed after the propofol injection, and *c*-Fos staining was executed 2 hours after vehicle, SCH or CGS administration.

**Fig. 2** CGS increased the time of RORR, while SCH decreased it. Comparisons of RORR (A) and LORR (B) of rats in different groups – CGS (2.5mg/kg), SCH-3 (3mg/kg), SCH-6 (6mg/kg), SCH-8 (8mg/kg) and vehicle groups (n= 8 per group). “n” indicates the number of rats included. Note: The data is plotted as the mean  $\pm$  standard error of the mean for each group, \*\*\* $p < 0.001$  vs vehicle group.

**Fig. 3** The FC matrices in the whole brain for different groups (A-C) and the scatter plots of FC between two different groups (D-F). Note: A-CGS; B-vehicle group; C-SCH-6; # or \*: elevated or suppressed FC values compared with FC in the vehicle group (t-test,  $p < 0.05$ , false discovery rate corrected, n= 8 per group). “n” indicates the number of rats included. Abbreviations of brain regions-Hb, Habenula nucleus; NAc, nucleus accumbens; Str, striatum; Tu, tubercle olfactory; Prc, prelimbic cortex; CG, cingulate cortex; PiC, piriform cortex; SC, somatosensory cortex; AUC, auditory cortex; DB, diagonal band; AM, amygdala; SP, septum; IC, insular cortex; SN, substantia nigra; PO, preoptic nucleus; VTA, ventral tegmental area; PrhC, perirhinal cortex; Ect, ectorhinal cortex; EnC, entorhinal cortex; TeAC, temporal association cortex; SIC, superior and inferior colliculus; VC, visual cortex; RC, retrospliental cortex; MC, motor cortex; RE, reticular nucleus; DR, dorsal raphe nucleus; HTh, hypothalamus; ThM, thalamus.

**Fig. 4** The whole brain functional connectivity of specific brain regions (NAc and STR). Note: Maps of correlation coefficients are overlaid on T2-weighted anatomic images; the statistical comparison was performed with voxel-wise t-tests ( $p < 0.05$  with false discovery rate correction, n= 8 per group). “n” indicates the number of rats included. Distances to Bregma (mm) are labeled at the bottom of each image. The larger  $|t|$  indicates more variation.

**Fig. 5** Effects of CGS/SCH-6 on *c*-Fos expression in NAc (from bregma 1.8mm). Note: A-I: Representative microphotographs of *c*-Fos expression (green) and DAPI (blue) immunofluorescence staining in NAc; B–C, E–F, and H–I: the magnified images of the boxed areas in A, D, and G, respectively, and scale bar=200  $\mu$ m. J: Statistical analysis of *c*-Fos expression in NAc (Mean  $\pm$  S.E.; n=3 per group). “n” indicates the number of animals included. NAc, nucleus accumbens; \* $p < 0.05$  vs vehicle group; LV, Lateral ventricles.

**Fig. 6** Effects of CGS/SCH-6 on *c*-Fos expression in DR (Dorsal raphe nucleus, from bregma 7.92 mm). Note: A-I: Representative microphotographs of *c*-Fos expression (green) and DAPI (blue) immunofluorescence staining in DR; B–C, E–F, and H–I: magnified images of the boxed areas in A, D, and G, respectively, and scale bar=200  $\mu$ m. J: Statistical analysis of *c*-Fos expression

in DR (Mean  $\pm$  S.E.; n=3 per group). “n” indicates the number of animals included. \* $p < 0.05$   
vs vehicle group; Aq: aqueduct.