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A Model for Suicide Bereavement: Based on a Meta-Ethnography of Adult's Experiences and Postvention.

Whitebrook, John ORCID: https://orcid.org/0000-0003-1651-3671, Lafarge, Caroline ORCID: https://orcid.org/0000-0003-2148-078X and Churchyard, Jamie ORCID: https://orcid.org/0000-0002-7551-0609 (2024) A Model for Suicide Bereavement: Based on a Meta-Ethnography of Adult's Experiences and Postvention. In: European Grief Conference 2024, 11-13 Nov 2024, Dublin, Ireland.

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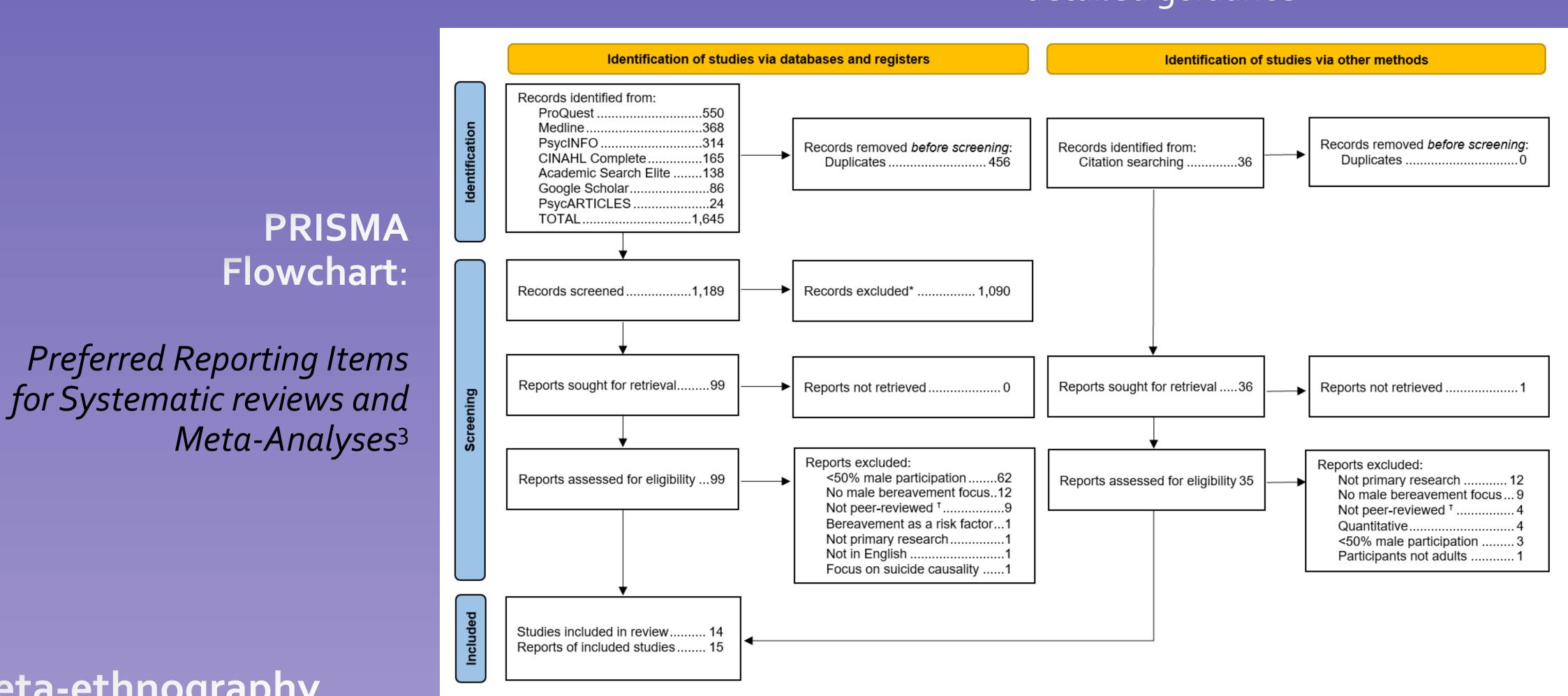
## A Model for Suicide Bereavement: Based on a Meta-Ethnography of Adult's **Experiences and Postvention.**

Meta-Ethnography: Synthesizing Qualitative studies:1 The synthesis of interpretive research

- >Involves the translation of studies into one another
- >The translation of studies takes the form of an analogy between and/or among the studies
- > 'making a whole into something more than the parts alone imply'

## Improving reporting of meta-ethnography: The eMERGe reporting guidance:2

- >To provide guidance to improve the completeness and clarity of meta-ethnography reporting
- > Recommendations and good practice for all seven phases of meta-ethnography conduct and reporting were newly identified leading to 19 reporting criteria and accompanying detailed guidance



- Studies included had > 50% male participation
- Analysis did not identify any aspects that could be exclusively attributed to males

Meta-ethnography

**IMPACT**: questioning of own existence and purpose (including suicidal ideation); searching for answers...

Synthesis:

DISTRESS: shock, anger, fear, guilt, agony, grief, anxiety, denial, depression, injustice...

**EIGHT THEMES** 

BLAME: judgement, disrespect, low empathy, religious dogma; self-blame leading to withdrawal...

**RESPONSIBILITY:** failure to keep the deceased safe; protective towards other survivors...

**MEMORIALISATION:** lost futures, pride and personal growth, spirituality; relief...

**HEALTHCARE &** SUPPORT: deceased's mental health / self-harm or suicide attempts; let down by healthcare

system...

**CULTURE**: taboo regarding suicide and mourning; systemic broad and long-term denial...

**INNER CONFLICTS:** e.g., emotional pain but fear of losing the connection if it fades; guilty of keeping secrets...

IMPACT: questioning of

Changed Forever: the impacts of suicide are not transitional but lifechanging and permanent...

Trauma: the effect of bereavement by suicide is far reaching and the adaptation process non-linear...

**EIGHT CONCEPTS** 

Stigmatisation: mental health and suicide, frowned upon; survivors are frequently judged...

BLAME: judaement,

RESPONSIBILITY. Protector: sense of failure to protect those lost; feel responsible for subsequently keeping others safe from suicide...

MEMOR Lost futures: the lives that could have been are mourned, even as survivors fondly recall those they lost...

**HEALTHCARE &** 

SUPPORT

Lost in plain sight: millions significantly affected but not recognised in terms of their losses, trauma and support needs...

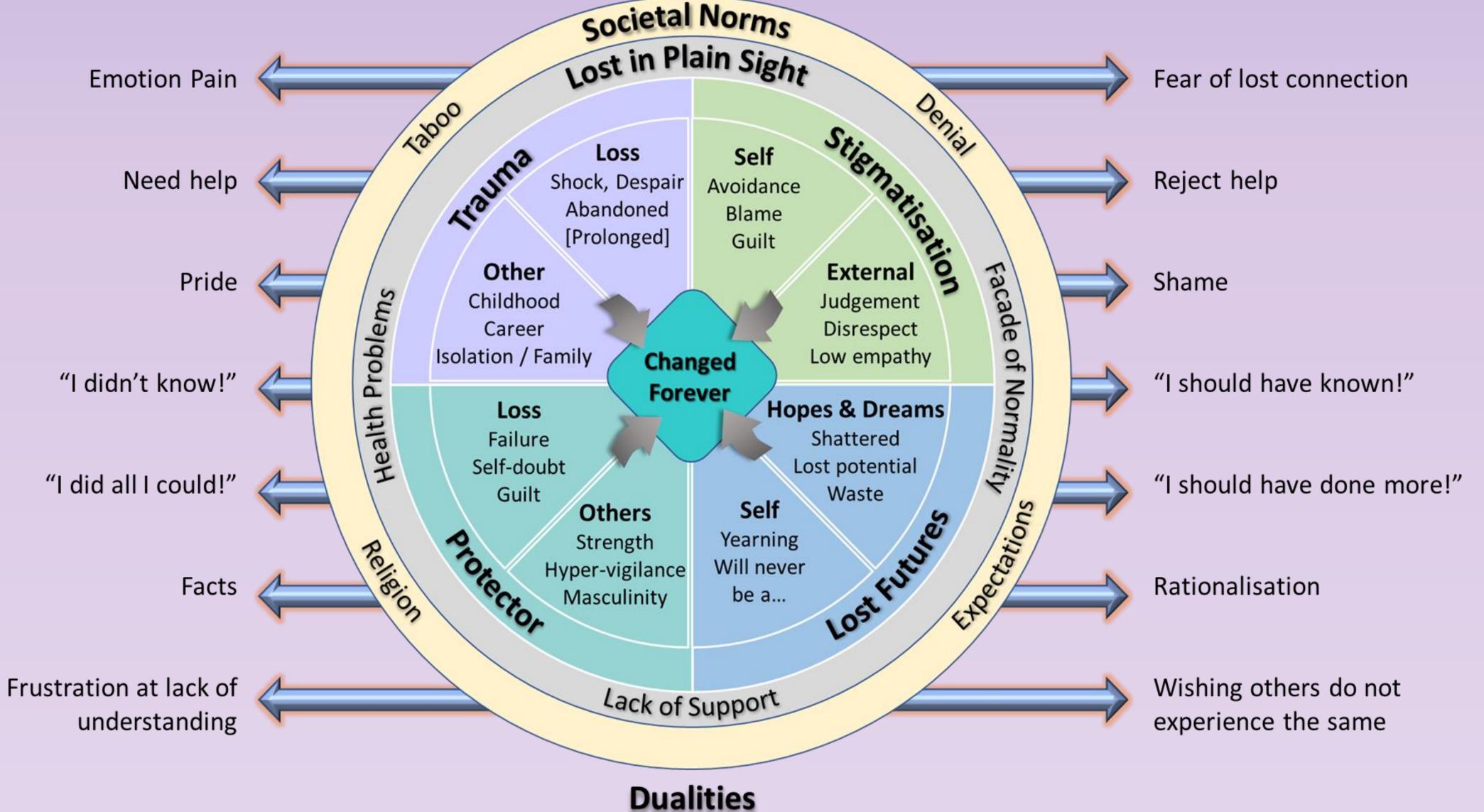
CULTURF . tahoo

Societal norms: losses within framework of culture and society; constrained by acceptable customs...

INNER CONFLICTS: e.g.,

Dualities: constantly face conflicting emotions, pressures, expectations, needs etc.; cognitive dissonance...

**Proposed Suicide Bereavement Model:** 





- Noblit, G. W. & Hare, R. D. (1988). *Meta-ethnography: Synthesizing qualitative studies*. London, England: Sage.
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