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FOR ENVIRONMENTAL INTEGRATION
2-5 OCTOBER 2023, RENDE (COSENZA), ITALY

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40 In this regard, the UK's Sixth Carbon Budget necessitates a 78 percent reduction in
41 carbon emissions by 2035 in order to reach net zero emissions by 2050 [2].

42 The focus of carbon reduction is shifting from operational carbon to embodied car-
43 bon as a result of improved operational energy efficiency in buildings [3]. Minimising
44 embodied carbon requires evaluating embodied carbon emissions during various life
45 cycle phases.

46 Recently, researchers have shown increased interest in assessing the environmental
47 impacts at all stages of a building's life using Life Cycle Assessment (LCA) [4]. [5]
48 showed that the LCA is highly appreciated in new buildings to achieve sustainable in-
49 tentions. However, the scarcity and inconsistency of databases make performing LCA
50 on buildings difficult. The Environmental Product Declaration (EPD) is the most reliable
51 database in the UK. However, there are only a limited number of them available.
52 The second most commonly used database is the Inventory of Carbon and Energy (ICE)
53 database [6], which includes a database for a variety of construction materials.

54 Many studies showed the inconsistency of various embodied carbon databases of
55 building materials. For instance, [7] demonstrated that there is a significant difference
56 between the ICE database and EPDs. Also, [8] found that there is a substantial differ-
57 ence between Gabi and the ICE database.

58 Research by [9] revealed that the disparities between databases were due to different
59 boundary definitions, varying underlying assumptions, and methodological differences
60 in calculations. It was also revealed that Common sources of uncertainty are variability,
61 data gaps, measurement error, and epistemic uncertainty [10].

62 Despite several studies on the causes of the disparity between various databases for
63 a specific material, there is no research on the differences in embodied carbon of build-
64 ing materials based on whether they are regarded as a single entity or as discrete com-
65 ponents. This research compares two sets of calculations for concrete materials, a major
66 contributor to embodied carbon, based on the two scenarios mentioned.

67 **2 Methods**

68 **2.1 Life Cycle Assessment**

69 The LCA is a method for evaluating the environmental impact of products and proce-
70 dures throughout their lives. BS EN 15978 divides the life cycle of a building into the
71 following modules: product (A1–A3), construction (A4–A5), use (B), and end-of-life
72 (C). The boundary of this research is limited to the Product Stage (A1–A3), which ac-
73 counts for the greatest amount of carbon embodied in buildings throughout their life-
74 times [11].

75 **2.2 Case Introduction**

76 As a case study, this investigation used a typical residential building in the UK. It is a
77 detached two-story building with a timber truss roof, concrete block walls, and air-filled
78 double-glazed windows covering 145.86 m². The building has been surveyed, and a

79 standard design model has been simulated using Autodesk® Revit®, version 2023, re-
80 sulting in an accurate quantity of materials for the project.

81

82 **2.3 Embodied Carbon Assessment**

83 Product stage embodied carbon, also known as cradle-to-gate embodied carbon, repre-
84 sents the carbon footprint of the product's entire lifecycle, from the extraction of raw
85 materials through the manufacturing and assembly processes to the point at which the
86 product is available for use or consumption. Using Equation (1), the total carbon emis-
87 sions associated with the product stage (A1–A3) is calculated.

$$EC_{A13} = \sum_{i=1}^n [Q_i (ECF_{A13,i})] \quad (1)$$

88 Where Q_i is the weight of material i and $ECF_{A13,i}$ is the Embodied Carbon Factor (ECF)
89 for material i . The ICE database is used as the ECF in this research. This study investi-
90 gates the disparity between embodied carbon calculations for concrete materials in two
91 different scenarios. The first scenario is calculating the embodied carbon of concrete as
92 a singular material, and the second scenario is calculating the embodied carbon of con-
93 crete considering its component parts. The procedure is then repeated for reinforced
94 concrete, and the difference between concrete and reinforced concrete is calculated.

95 **3 Results**

96 **3.1 Embodied Carbon comparison of Concrete**

97 The data presented in Table 1 demonstrate the embodied carbon of concrete materials
98 as a singular material, whereas Table 2 shows the embodied carbon of concrete mate-
99 rials considering its component parts. The results show that the embodied carbon of
100 concrete (Cast in Situ) in the first scenario is 7,947.75, which is 30% more than in the
101 second scenario. Also, the first scenario increases the embodied carbon for 'Aerated
102 Concrete Block' by almost 25%. However, the first scenario reduces the embodied car-
103 bon for 'Concrete (Sand/Cement Screed)' by approximately 14%.

104 **Table 1.** The embodied carbon of concrete as a singular material

Material	Quantity (kg)	ECF (kgCO ₂ e/kg)	Embodied Carbon (kgCO ₂ e)
Concrete (Cast in Situ)	70,962.04	0.112	7,947.75
Concrete (Sand/Cement Screed)	10,392.86	0.149	1,548.54
Aerated Concrete Block	16,496.15	0.28	4,618.92

105

106 **Table 2.** The embodied carbon of concrete as a its component parts

Material	Admixture	Quantity (kg)	ECF (kgCO ₂ e/kg)	Embodied Carbon (kgCO ₂ e)
Concrete (Cast in Situ)	CEM I	5999.62	0.912	5471.66
	GGBS	2849.82	0.0416	118.55
	Fly Ash	449.97	0.004	1.80
	Aggregate	57446.39	0.00747	429.12
	Water	4169.74	0.000344	1.43
	Admixture	46.50	1.67	77.47
Concrete (Sand/Cement Screed)	Sand	7627.80	0.00747	56.98
	Cement	1906.95	0.912	1739.14
	Water	858.13	0.000344	0.30
Aerated Concrete Block	Aggregate	12372.11	0.00747	92.42
	Cement	2309.46	0.912	2106.23
	Quicklime	1319.69	1.136	1499.17
	Water	494.88	0.000344	0.17

107

108 **3.2 Embodied carbon comparison of Reinforced Concrete**

109 In this section, reinforcing steel is added to the 'Concrete (Cast in Situ)' mixture, and
 110 its impact on our assessment is measured. The amount of reinforced steel is 7265.90
 111 kg, and the ECF associated with rebar is 0.45 kgCO₂e/kg. Also, the ECF attributed to
 112 reinforced concrete is 0.28 kgCO₂e/kg. Table 3 represent the embodied carbon of rein-
 113 forced concrete in two scenarios.

114 **Table 3.** The embodied carbon of reinforced concrete

Scenario	Embodied Carbon(kgCO ₂ e)
First Scenario	22,174.68
Second Scenario	9,369.69

115 Comparing the embodied carbon of reinforced concrete reveals a large disparity be-
 116 tween the two scenarios. The results indicate that utilising the first scenario increases
 117 the embodied carbon of concrete by 137% in comparison to the first scenario.

118 **4 Discussion**

119 The findings represent a major level of inconsistency between the two scenarios. The
 120 second scenario is likely to provide a more accurate estimate of the embodied carbon
 121 for the specific building, as it takes into account the actual mix of materials and their
 122 associated emission factors. In the context of concrete (Cast in Situ), the first scenario
 123 shows a 30% higher level of embodied carbon in comparison to the second scenario.
 124 This indicates that the first scenario overestimates the embodied carbon by 30%. In the
 125 first scenario, the Aerated Concrete Block also resulted in a 25% overestimation. How-
 126 ever, it has been observed that in the case of 'Concrete (Sand/Cement Screed)', the first
 127 scenario underestimates the embodied carbon by 14%.

128 The difference between the two scenarios for the reinforced concrete is much more
 129 significant. The first scenario overestimate the amount of embodied carbon by 137%.

130 This large discrepancy between the two scenarios for concrete and reinforced concrete
 131 materials indicates that there is a high probability of overestimating the embodied car-
 132 bon of concrete. It has a significant impact on the total embodied carbon of the building,
 133 as concrete accounts for 66% of the quantity of building materials.

134 Consequently, the presence of inaccurate estimations of embodied carbon poses
 135 challenges in implementing strategies to reduce embodied carbon and achieve sustain-
 136 able buildings.

137 **5 Conclusions**

138 This research found another source of uncertainty in the embodied carbon assessment:
 139 the difference between the embodied carbon calculated for concrete as a single material
 140 or as a mixture of its parts. The results revealed that the variation in embodied carbon
 141 of concrete materials ranges from 14% to 137%, with the precise difference depending
 142 on the type of concrete materials and whether they are reinforced. The variation is sig-
 143 nificantly greater for reinforced concrete compared to other concrete mixtures. Using
 144 the ICE database, the embodied carbon of concrete materials has a high chance of being
 145 overestimated. In addition, the lack of precise estimation of concrete's embodied carbon
 146 has effects on strategies aimed at reducing carbon emissions associated with building.

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